







Bureau of Radiation Protection



## Radon Action Month Webinar

January 16, 2013

**Dial-in number for Audio:** 1-877-668-4493

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# Robert Lewis, 717 783-9485 or rolewis@pa.gov www.dep.state.pa.us

#### Radon Division – What Does it Do?

- Radon Monitoring Section
- Radon Awareness and Outreach
  - Public service announcement, newspaper, radio, home shows, TV, website, phone calls, presentations
- Technical support
- Inspections
- Radon Certification Section
- Certify testers, mitigators and laboratories
- Reporting issues
- Enforcement

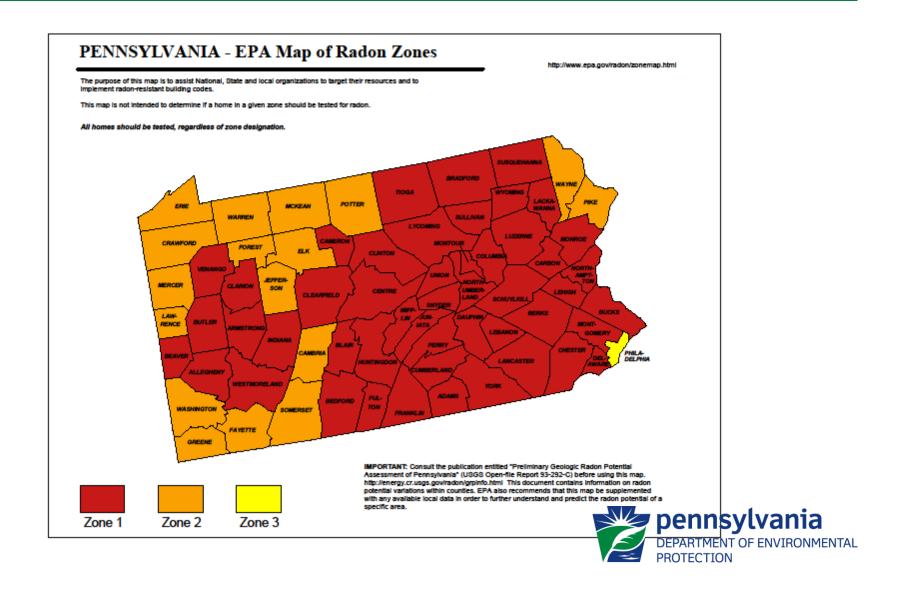


#### Is Radon a Problem in Pennsylvania?

- Pennsylvania is unique!
- The geology and the soil contribute to Pennsylvania having some of the highest radon levels in the country
- Pennsylvania homes average about twice the EPA guideline of 4 pCi/L
- Approximately 40 percent of radon test results are greater than the EPA guideline



#### Radon Map

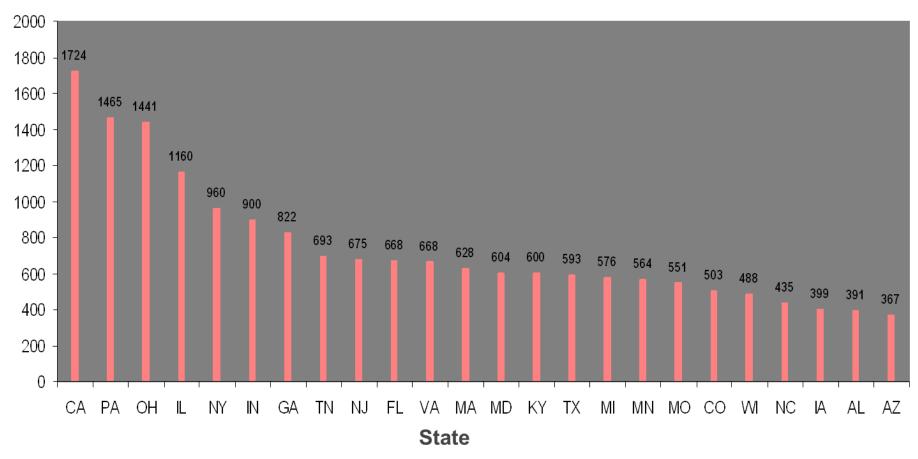


#### Statewide Radon Levels

Radon Category (pCi/L)	Statewide Data
< 4 pCi/L	60.8%
4 to 10 pCi/L	22.7%
11 to 20 pCi/L	9.2%
21 to 50 pCi/L	5.3%
51 to 100 pCi/L	1.3%
> 100 pCi/L	0.44%
% > 4 pCi/L	39%
Sample Size	878,600



#### Annual Radon-Related Deaths

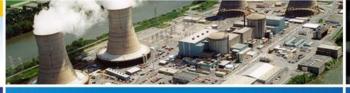














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# Matt Shields, 717 783-9484 or mshields@pa.gov www.dep.state.pa.us

#### Discussion

Radon risk in perspective?

Actions if high radon levels found?

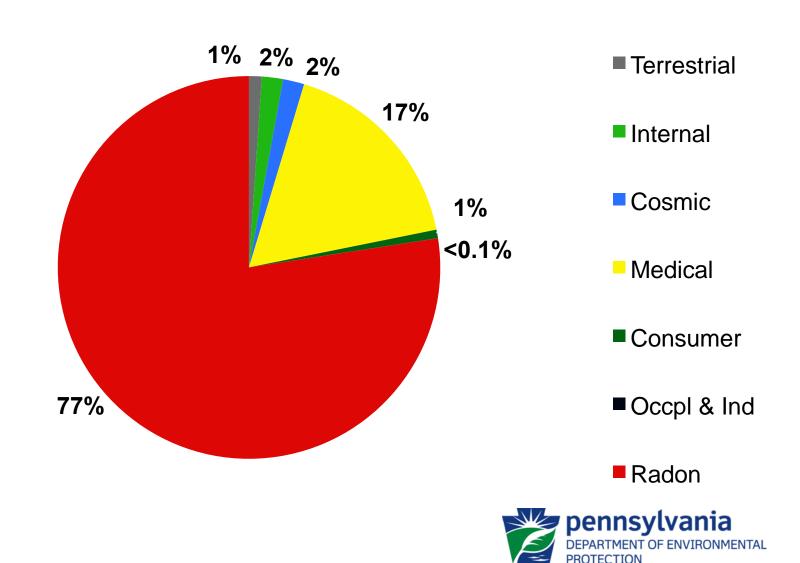
What is radon mitigation?

Access to radon mitigators

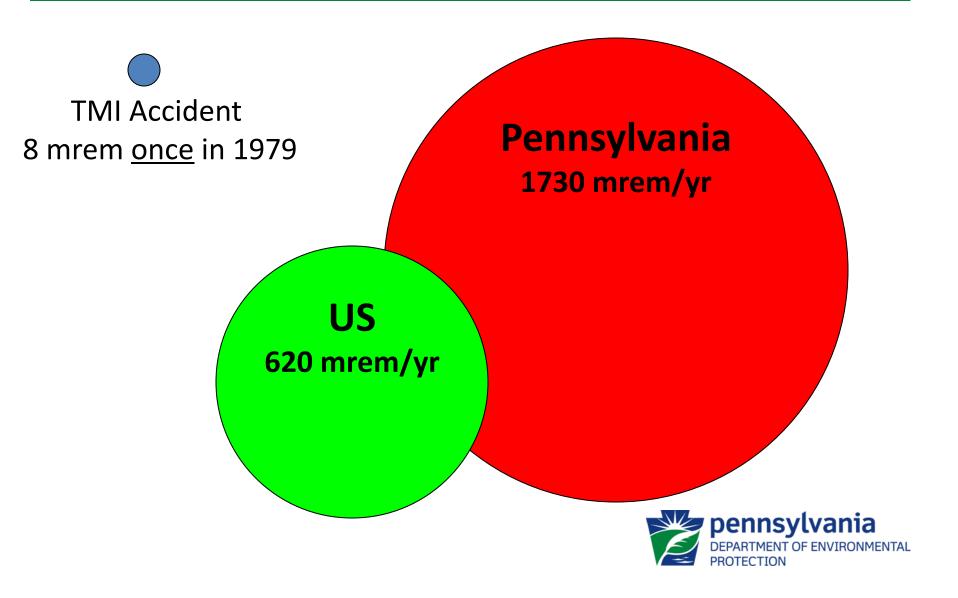
Radon in water



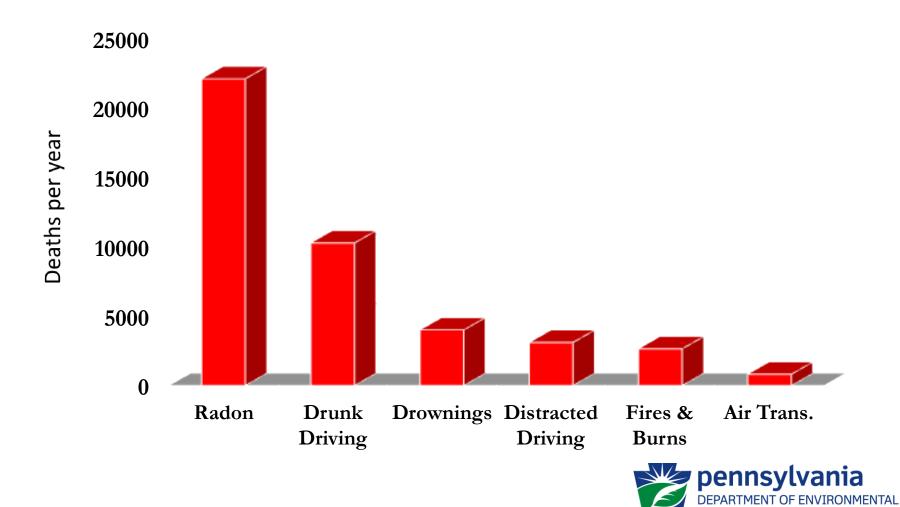
#### Pennsylvania Annual Radiation Dose



#### **Annual Doses**

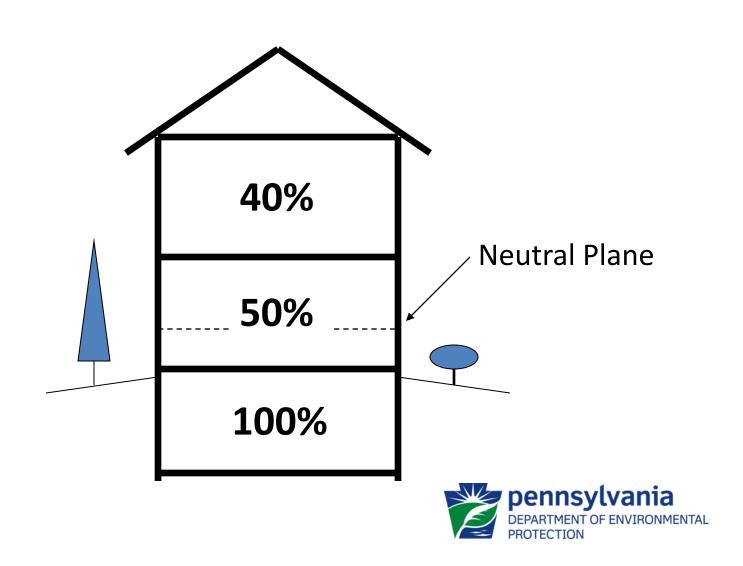


#### Radon Risks

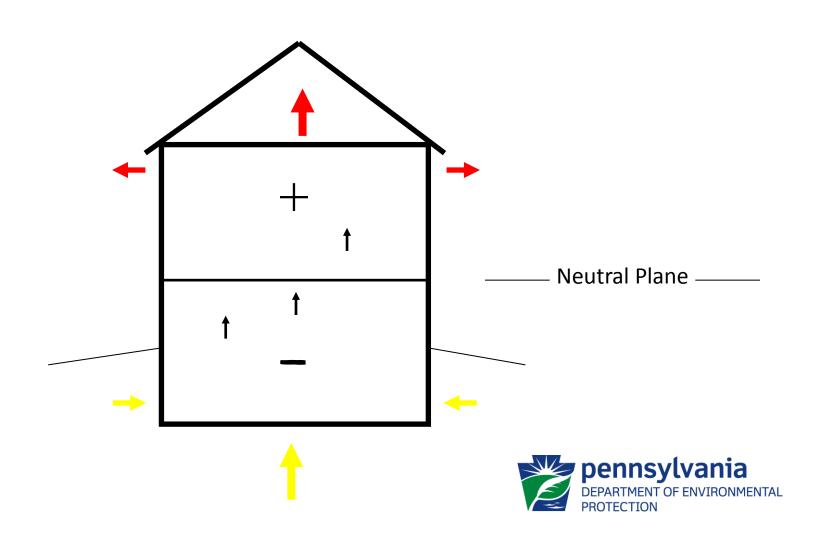


**PROTECTION** 

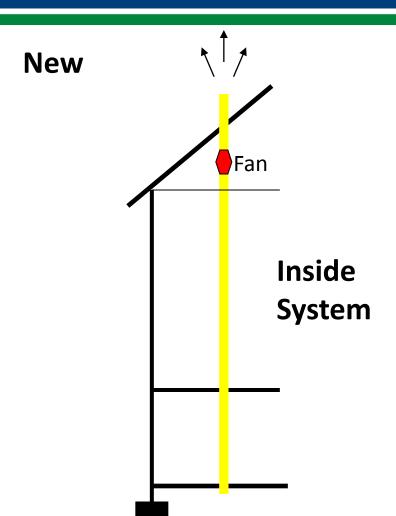
#### **Typical Radon Distribution**

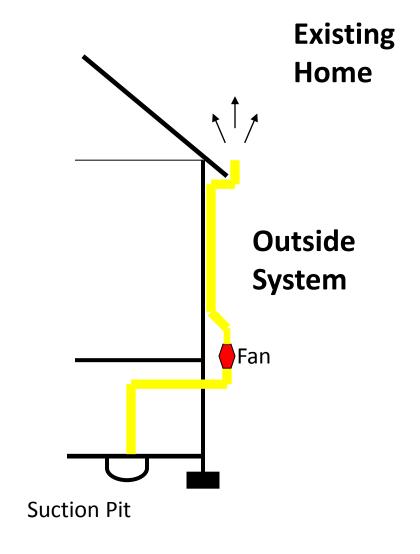


#### **Pressure Differences**



#### Radon Mitigation Systems





#### Additional Radon Information

#### **Certified Radon Mitigators**

- Search "PA radon mitigator"
- 800-23RADON

#### Radon in Water

- Not regulated
- Risks mainly from off-gassing into air
- Removal by using:
  - Charcoal filters
  - Aeration systems











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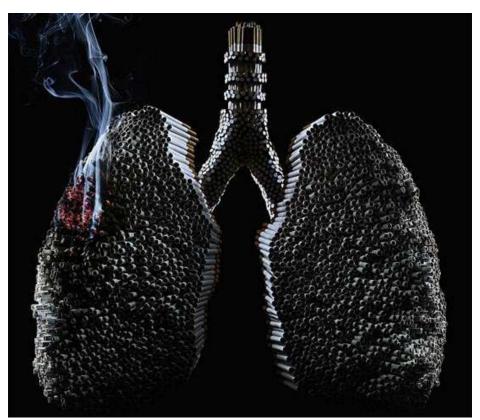


### Kevin M. Stewart Director of Environmental Health

## Why should you be concerned about radon?

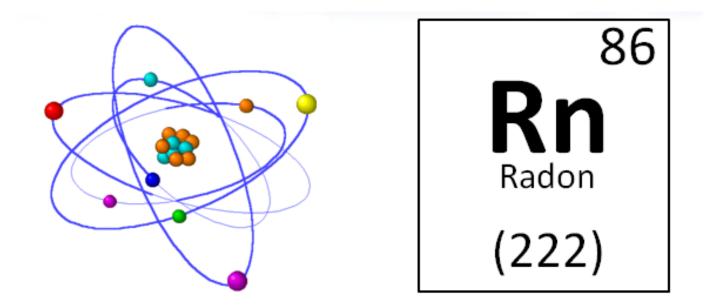


#### Most People Know That:



Smoking is the #1 Cause of Lung Cancer

#### Most People DON'T Know That:



Radon is the #2 Leading Cause of Lung Cancer



#### National Radon Health Advisory

Indoor Radon gas is a national health problem. Radon causes thousands of deaths each year. Millions of homes have elevated Radon levels. Most homes should be tested for Radon. When elevated levels are confirmed, the problem should be corrected.



-- U. S. Public Health Service

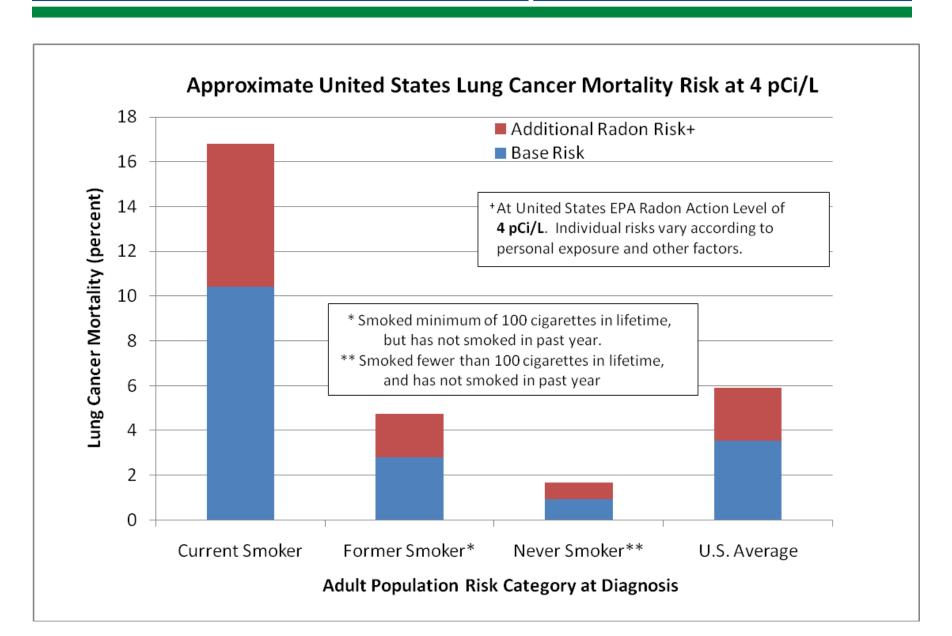


Radon is Recognized as a National Health Problem!

- American Lung Association
- American Medical Association
- American Cancer Society
- American Public Health Association
- U. S. Environmental Protection Agency
- U. S. Surgeon General



#### **Mortality Risk**



#### Annual U. S. Lung Cancer Deaths

• Smoking Alone 116,000

Smoking and Radon 18,000

Radon Alone
 3,000

• Other 21,000

• Total 158,000

 The rate of lung cancer deaths due to radon depends on smoking rates.



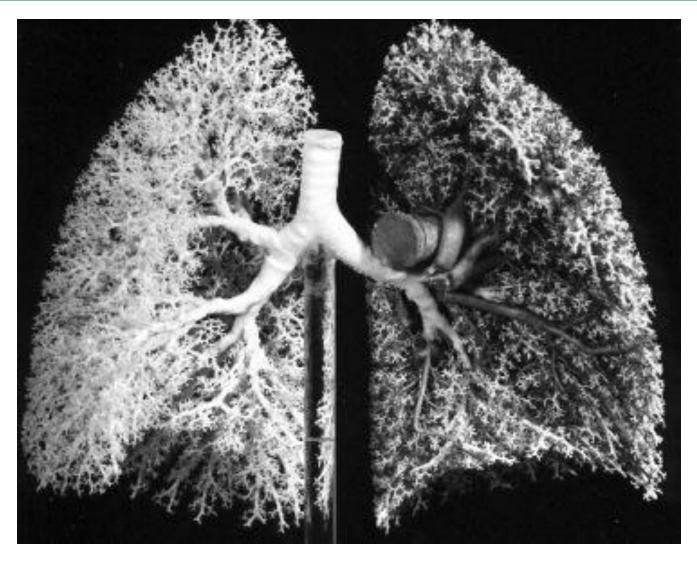
How does radon cause lung cancer?



- Answer lies in
  - How the lungs work, and
  - The nature of radon decay products



#### Human Lungs



Cast of human lungs—Anatomical Institute, Bern, Switzerland

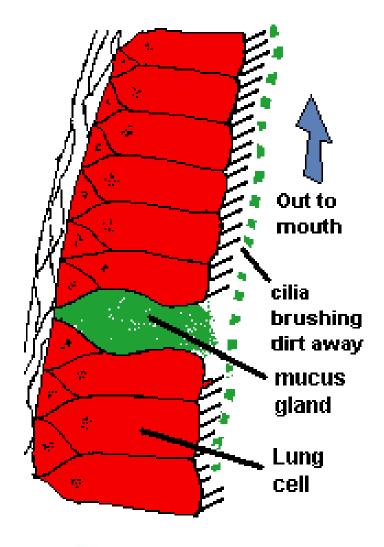
- The lungs are the most external organs of the body
  - Living cells are in contact with the outside world
  - Most of the body's airways have a thin mucus layer 5-7 μm (microns) thick; the lungs produce about a quart a day
  - The mucus traps air pollution and particles
  - If the lungs didn't produce this mucus, you would die



#### Lung Clean-up

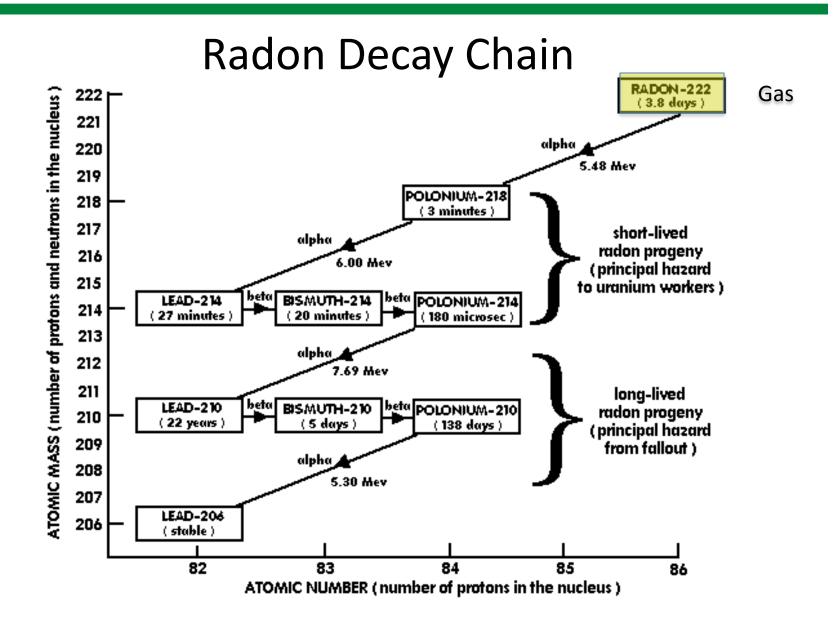
- The cells lining the lungs have hair-like structures called cilia
- Cilia beat 25 strokes per second
   moving mucus and trapped
   particles out
- It takes up to 36 hours for the mucus from the deepest parts of the lungs to reach the top of the trachea (windpipe)

Schematic of Lung Epithelium – Lung Association of Saskatchewan

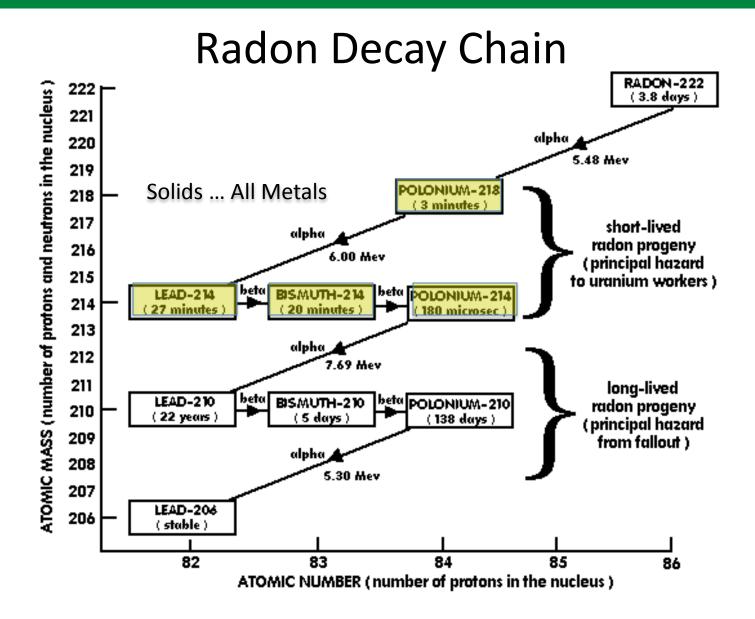




#### Where Does Radon Come From?

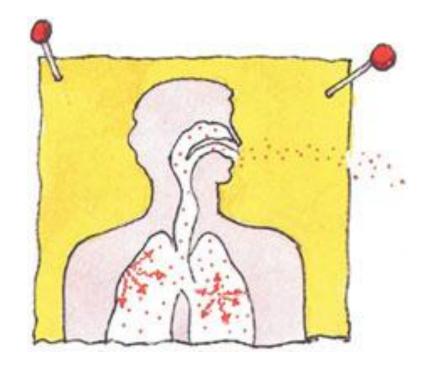


#### Where Does Radon Come From?



#### How Does Radon Cause Cancer?

- Radon decay products are shortlived isotopes that are suspended in the air, often attached to fine particles
- When inhaled deep into the lungs, they usually decay further before the lungs can sweep them out
- The alpha particles emitted can directly or indirectly damage DNA in the cells of lung tissue, thus increasing the risk of developing lung cancer





#### Main Understandings

- There is no confirmed "safe level" of radon exposure
- Demonstrated lung cancer risks to underground miners occur at radon levels that clearly overlap with exposures frequently experienced in Pennsylvania
- Pooled residential studies published in 2004 to 2006 confirm an increase in lung cancer risk on the order of 10 percent at the 4 pCi/L level – not a safety standard
- The EPA has estimated that one in seven lung cancer deaths (about 21,000) are radon-related



#### Radon Work in Pennsylvania

- Public health education via media
- Distribution of radon test kits and information through school-based programs around the state
- Distribution of radon test kits and information through our on-line request portal
- Collaboration with civic, business, health, education and local government entities to distribute radon test kits and information



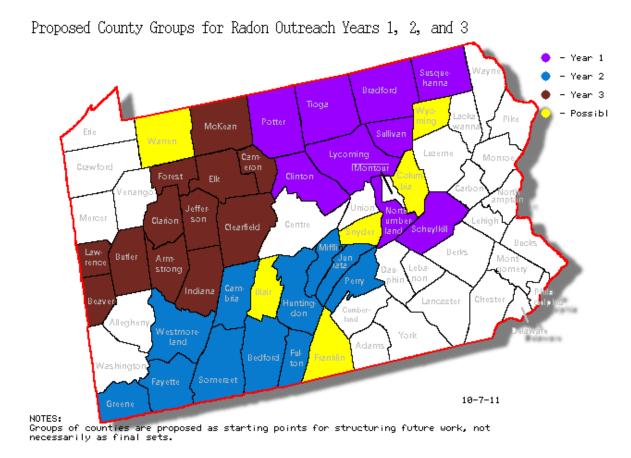
#### Three-Year Approach

- Two Principal Criteria for Identification of Candidate Counties
  - Counties with greater likelihood of homes with elevated radon
  - Counties with history of being under-tested in comparison with statewide testing rate



#### Three-Year Approach

- Year 1 NE Quadrant (4500 test kits)
- Year 2 SWQuadrant(6000 test kits)
- Year 3 NW Quadrant (TBD)













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# American Lung Association in PA Kevin Stewart, 717 541-5864 ext 36 or kstewart@lunginfo.org www.lunginfo.org/freeradonkit











Office of External Affairs

#### **QUESTIONS?**

Please type questions into the chat window.



